

Mental Health Patient Survey

March 2014

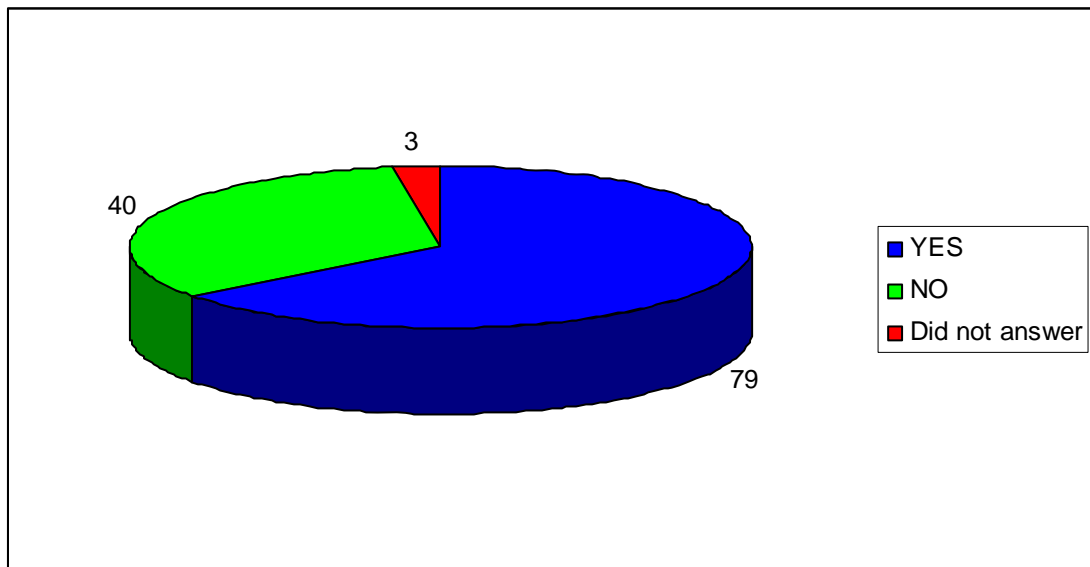
Portugal Place Health Centre



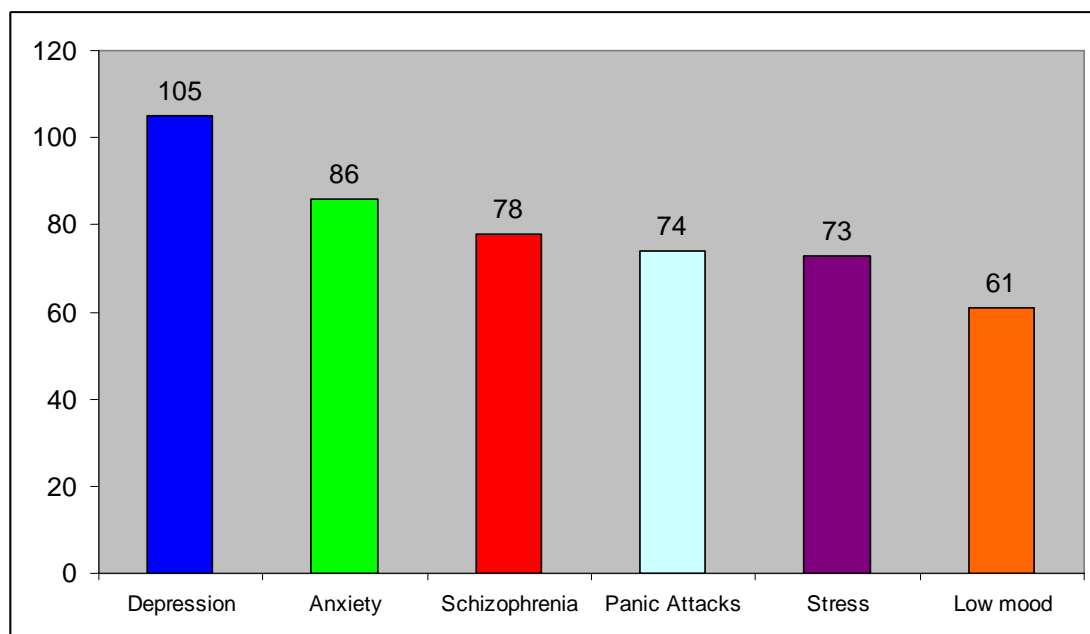
Survey Information

Between 14th February and 3rd March 2014, all patients using the automated check-in screen were invited to fill in an anonymous mental health survey. 122 surveys were completed and returned.

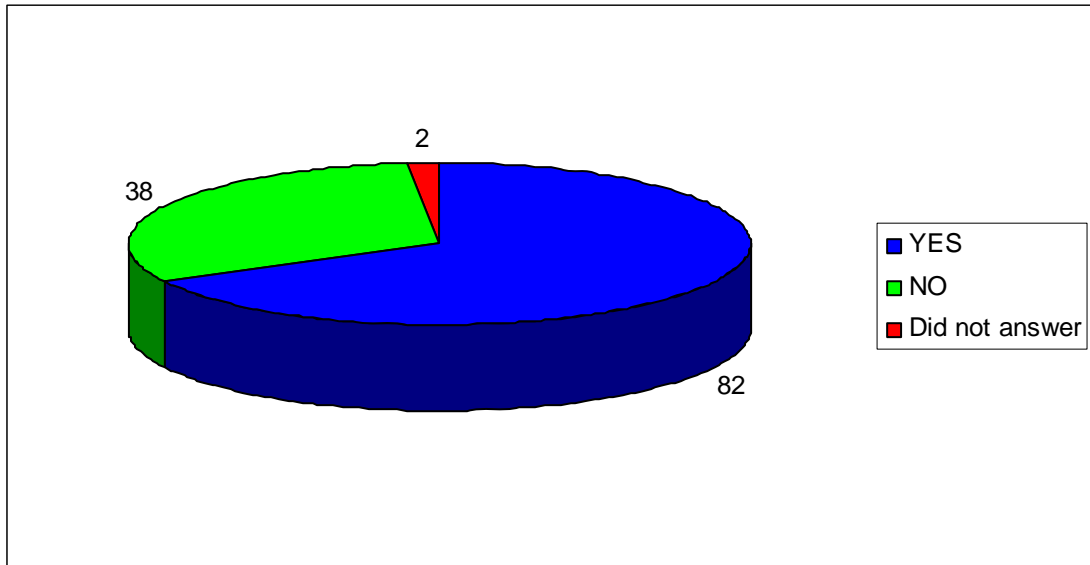
Question 1 - Have you ever suffered from a mental health problem?



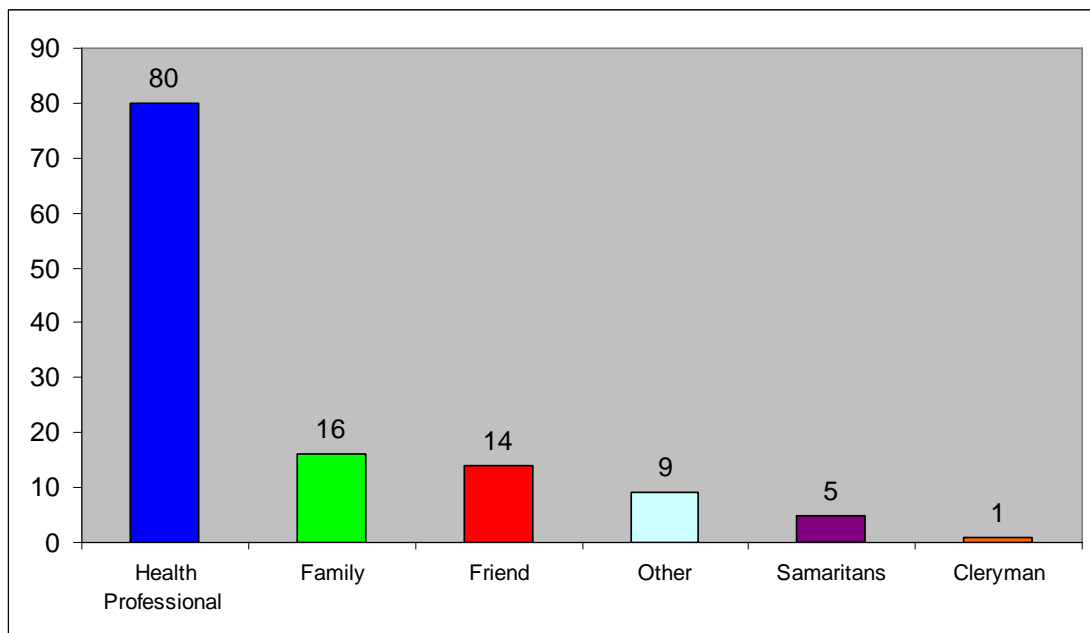
Question 2 - Which of the following do you consider to be mental health problems?



Question 3 - Have you ever asked for help regarding a mental health issue?

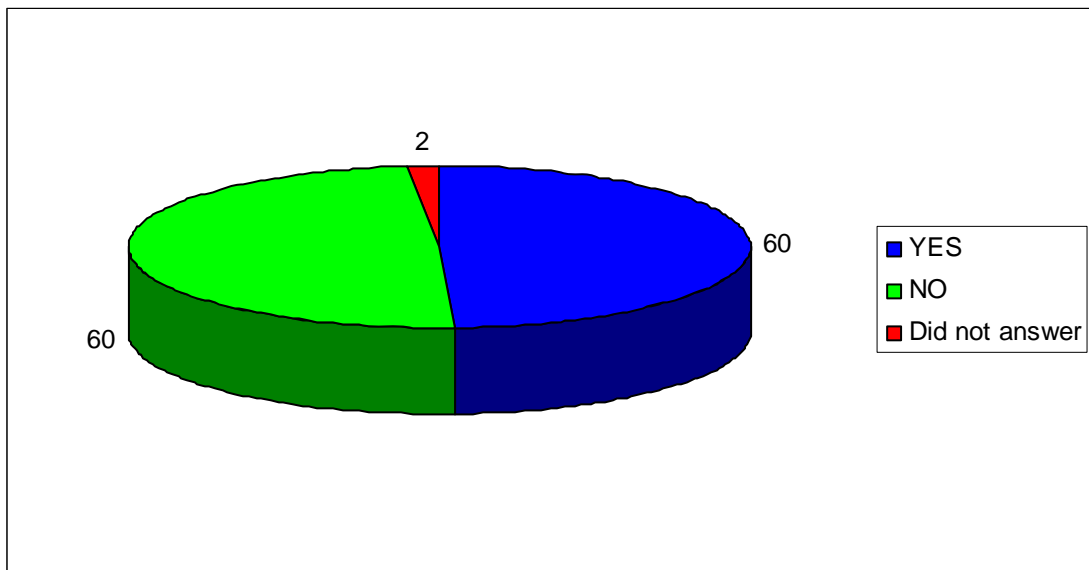


Question 4 - If yes who did you ask?

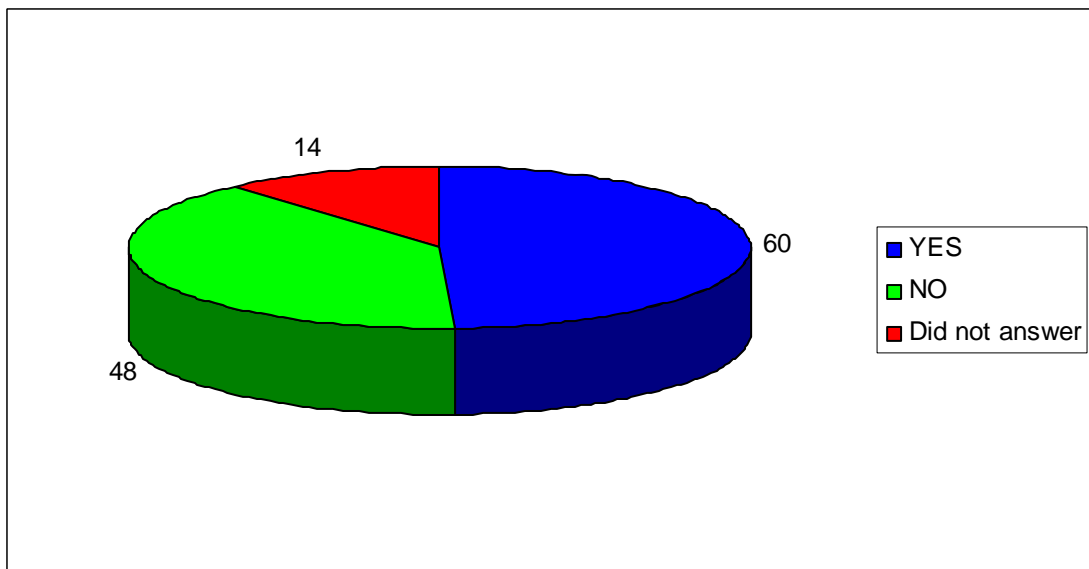


Other (9) = Denis?, Crisis Team, Health Visitor, n/a, Psychiatrist, Teachers, The Green, Workplace, Work Counsellor

Question 5 - Do you know which services are available for people with mental health problems?



Question 6 - Have you ever used mental health services?



Question 7 - If yes, which ones and would you recommend them to others?

1	CMHT and Samaritans - Yes
2	Reds @ Longbenton
3	CBT
4	Counselling, Doctor - Yes
5	Counselling.
6	Counselling - Yes
7	Doctor's
8	CMHT
9	Wallsend Mental Health Team - Amazing
10	None
11	Childrens Mental Health Services, Longbenton
12	Yes
13	Psychologist, CAMHS
14	The Green, Wallsend GMT, Mental Health matters
15	Yes
16	One to One chats for confidence
17	Psychologist, LTMHS
18	I accessed Child Mental Health for my daughter but it was very difficult to get referred, only referred after suicide attempt
19	Counsellor Relate - What about childrens mental health and learning difficulties, like more awareness, a list of symptoms on Autism, ADHD, mood disorder etc
20	CBT - Coaching, CBT - Therapy, CBT - Confidence Building.
21	Counselling at my Health Centre.
22	CBT
23	CMHT, Psychologists.
24	Psychologist.
25	CAMHS, Adult Services - would recommend both.
26	Can't remember what they were called but came from The Green.
27	?
28	Rake Lane Mental Health Team.
29	Have been waiting for an appt to see a Mental Health professional after being diagnosed with PTSD, first requested in August 2013 - now almost March 2014 - only had 2 very brief telephone assessments and no contact has been made to arrange a face-to-face appointment. Feel very let down and disappointed.
30	Cognitive Therapy, GP, Crisis Team - each dependent on individual.
31	Hawkeys Lane Clinic, Portugal Place Health Centre.
32	Long-term psychotherapy/psychoanalysis. (1 year at Claremonth House insufficient, I now see private therapist. NHS would do well to provide longer term help). CBT is treating the symptoms, not addressing the real issues and in my opinion is not useful as a solution, only a temporary support measure. Where trauma has disrupted ordinary development of the mind, psychotherapy can resolve this. Definitely the way forward!
33	Mental Health Team Wallsend, Psychologist.
34	Molineux, Plummer Court.
35	n/a
36	CAMHS.
37	Mental Health, Green.
38	Sertraline 50mg, Speaking to a Doctor. YES.
39	Counselling and Medication.
40	Wallsend C.M.H.T.